

MAYVILLE HIGH SCHOOL Founded in 1897

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# Name:

# Year: UIV

# Getting organised for school exams Summer Term 2021

W/B Monday 17<sup>th</sup> May

Exams will be held in normal lessons during the week



# Useful Revision websites

https://www.senecalearning.com

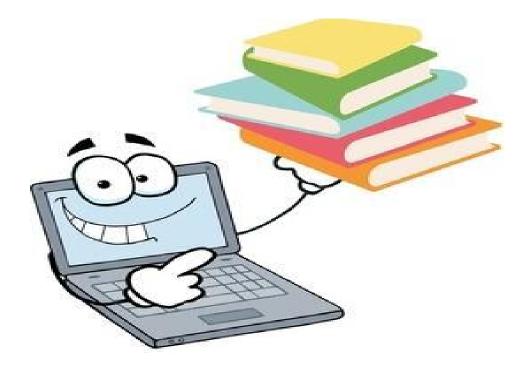
www.bbc.co.uk/revision

www.bbc.co.uk/schools/bitesize

https://www.kerboodle.com/users/login

https://www.mymaths.co.uk/

https://www.drfrostmaths.com/



# Exams

#### Learn to relax

Take mini breaks throughout the day. Work on relaxation techniques, such as taking slow deep breaths.

#### Exercise

Physical activity provides relief from stress. The brain uses 20% of oxygen in the blood so you need to think about your posture and exercise to make sure your body gets enough. 30 minutes of sport or a short walk will do the trick.

#### Time

Recognise that you can only do so much in a given time. **Try to pace, not race.** 

#### Make a list

Make a list of the things that are worrying you and the possible things that could happen – then your brain will stop bringing them forward all the time.

#### Sleep

Don't become overtired by forcing yourself to work late. Your brain needs time to sort out the information it has come across during the day. Your ideal sleep time is about 8 - 10 hours a night.

# Stress Management

### Get organised

Have a realistic daily schedule including revision, sleep, eating, relationships and recreation.

### Be positive

Talk positively to yourself! Don't pay attention to that internal voice saying you can't do it; tell yourself you can do it and you will do it.

### Talk

Talking and meeting with friends and occasionally sharing deep feelings and thoughts can be helpful in reducing stress.

#### Stay calm

Make sure you are in a calm, positive mood before you start studying.

#### Be healthy

Watch your eating habits. Make sure you eat sensibly and have a balanced diet. Avoid too much chocolate, cola, caffeine and foods with lots of additives. Drink lots of water.

Remember you can always talk to your Form Tutor, Ms Reid, Mr Morriss, Mrs Rickards if you need any support.

# Revision planning sheet for English 2021



Exam Time:	1 hour 45 minutes (Split over three lessons)
Equipment needed:	School equipment in pencil case.
Websites:	BBC GCSE Bitesize English Language has good examples of the type of question you can expect to answer.
Type of Questions:	READING: You will read a short extract from a novel. You will then need to answer four questions about the text based upon the following skills: comprehension, language analysis, analysis of structure and evaluation.

WRITING: You will be asked to write a description or story based on a picture.

Question type:	What do I need to do?
List	Select and write down short, relevant details from the extract.
How does the writer use language?	Choose some good examples of words/short phrases from the extract. Explain what makes these effective. How does it make the reader feel?
How does the writer structure the piece?	Think about how the piece starts, develops and ends. Are there any patterns in the way it is written? How is time used (ie flashbacks, told in order)?
What is your personal response to the piece?	You will need to present your ideas in response to the extract. This is a longer answer so it is a good idea to create a short plan. Use short, relevant quotes to support your ideas.
Write a description/story	You need to plan for this. Try planning by responding to the image with a mindmap of the senses. If you are writing a story plan how you would like your piece to start and finish. How will the main idea develop? You should also plan the structure – what will go into each paragraph? Will you use flashbacks or tell your tale in chronological order?

# **UIV MATHEMATICS Revision 2021**



**Exam Time:** 1 hour (plus extra time) split between 2 lessons

**Equipment Needed:** Pen, pencil, ruler, calculator, protractor & compass.

The best way to revise maths is to work through questions from MyMaths or from your exercise books. You can also access questions on websites such as CorbettMaths.com.

### What I need to revise

#### UIVG1 (JWIL) and UIVB1 (LA)

Торіс	I can do	I need to revise
Reciprocals		
Indices		
Standard Form		
Surds		
Sequences		
Expanding Brackets		
Factorising		
Fractions		
Decimals		
Rounding		
Factors, Multiples and Primes		
Types of Data		
Averages		
Box Plots		
Cumulative Frequency Diagrams		
Histograms		

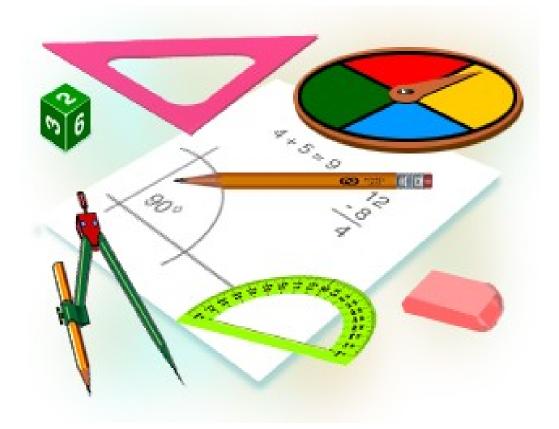
Торіс	I can do	I need to revise
Integers and place value		
<ul> <li>Integers and place value <ul> <li>understand and use integers (positive, negative and zero)</li> <li>understand place value</li> <li>use directed numbers in practical situations order integers</li> <li>use the four rules of addition, subtraction, multiplication and division</li> <li>use brackets and the hierarchy of operations</li> <li>round integers to a given power of 10</li> </ul> </li> <li>Decimals <ul> <li>use decimal notation</li> <li>understand place value</li> <li>order decimals</li> <li>convert a decimal to a fraction or percentage</li> </ul> </li> </ul>		
<ul> <li>recognise that a terminating decimal is a fraction</li> <li>round to a given number of significant figures or decimal places</li> <li>identify upper and lower bounds where values are given to a degree of accuracy</li> <li>use estimation to evaluate approximations to numerical calculations</li> <li>use a scientific electronic calculator to determine numerical results</li> <li>Special numbers and powers</li> </ul>		
<ul> <li>use the terms 'odd', 'even', 'prime numbers', 'factors' and 'multiples'</li> <li>identify prime factors, common factors and common multiples</li> <li>identify square numbers and cube numbers</li> <li>calculate squares, square roots, cubes and cube roots</li> <li>express integers as product of powers of prime factors</li> <li>find highest common factors (HCF) and lowest common multiples (LCM)</li> </ul>		
<ul> <li>Fractions</li> <li>understand and use equivalent fractions, simplifying a fraction by cancelling common factors</li> <li>understand and use mixed numbers and vulgar fractions</li> <li>identify common denominators</li> <li>order fractions and calculate a given fraction of a given quantity</li> <li>express a given number as a fraction of another number</li> <li>convert a fraction to a decimal or percentage</li> </ul>		
Percentages		
<ul> <li>understand that 'percentage' means 'number of parts per 100'</li> <li>express a given number as a percentage of another number</li> <li>express a percentage as a fraction and as a decimal</li> <li>understand the multiplicative nature of percentages</li> </ul>		

<ul> <li>as operators</li> <li>solve simple percentage problems, including percentage increase and decrease</li> <li>use reverse percentages</li> <li>use compound interest and depreciation</li> </ul> <b>Ratio and proportion</b> <ul> <li>use ratio notation, including reduction to its simplest form and its various links to fraction notation</li> <li>divide a quantity in a given ratio or ratios</li> <li>use the process of proportionality to evaluate unknown quantities</li> <li>calculate an unknown quantity from quantities that vary in direct proportion</li> <li>solve word problems about ratio and proportion</li> <li>use and apply number in everyday personal, domestic or community life</li> <li>carry out calculations using standard units of mass, length, area, volume and capacity</li> <li>understand and carry out calculations using time, and carry out calculations using money, including converting between currencies</li> </ul>	
<ul> <li>Arithmetic of fractions</li> <li>use ratio notation, including reduction to its simplest form and its various links to fraction notation</li> <li>divide a quantity in a given ratio or ratios</li> <li>use the process of proportionality to evaluate unknown quantities</li> <li>calculate an unknown quantity from quantities that vary in direct proportion</li> <li>solve word problems about ratio and proportion</li> <li>use and apply number in everyday personal, domestic or community life</li> <li>carry out calculations using standard units of mass, length, area, volume and capacity</li> <li>understand and carry out calculations using time, and carry out calculations using money, including converting between currencies</li> </ul>	
<ul> <li>Sequences</li> <li>generate terms of a sequence using term-to-term and position-to-term definitions of the sequence</li> <li>find subsequent terms of an integer sequence and the rule for generating it</li> <li>use linear expressions to describe the <i>n</i>th term of arithmetic sequences</li> </ul>	

## UIVB2 (GR)

Торіс	I can do	I need to revise
Rules of addition, subtraction, multiplication &		
division including BIDMAS		
Negative Numbers		
Rounding		

Decimals	
Factors, Multiples & Primes	
Laws of Indices	
Algebra: collecting like terms, expanding brackets & factorising	
Algebraic substitution	
Angle facts, including parallel lines & polygons	
Properties of quadrilaterals	
Symmetry	
Sequences	



## **UIV SCIENCE** Revision 2021

Exam Time:	30 minutes each of Biology, Chemistry, Physics & Working scientifically in their normal science lessons.
Equipment needed:	School equipment in pencil case
	plus a calculator.
Type of Questions:	A mixture of multi choice, calculations, data analysis, graphs and explain/describe using extended writing.
Resources to Revise:	Kerboodle, Revision guides and class notes for Biology, Chemistry and Physics including the 'Science keywords'

- The exams will have questions assessing all the Biology, Chemistry and Physics covered so far.
- The WS exam will be assessing the skills & understanding of scientific investigations.

**Revision Tips:** 



**Revision cards** 

Summary bullet points

Mind maps

Labelling diagrams

Learn Key Words



# **UIV Science Revision Topics**

Chapters to revise	1st	2nd	3rd
Biology:			
B1 - Cell structure and transport			
B2 - Cell division			
B3 - Organization & the digestive system			
Chemistry:			
C1 - Atomic structure			
C2 - Periodic table			
C3 - Structure & bonding			
Physics:			
P1 - Conservation & dissipation of energy			
P2 - Energy transfer by heating			
P3 - Energy resources			
Working Scientifically:			
<ul> <li>Calculating averages</li> </ul>			
- Graph drawing			
- Variables			
- Compound units			
- Using models			
- Spotting anomalies			
- Evaluating data			
Science keywords for practicals			

Some important Keywords	Definition:
Independent variable	
Dependent variable	
Control variable	
Categoric variable	
Continuous variable	
Repeatable	
Reproducible	
Range	
Precision	





# **UIV Revision Geography 2021**

Length of exam: 1 hour (plus extra time, completed over two lessons).

**Equipment needed:** Pencil case, pen, ruler, pencil, rubber and colouring pencils.

**Type of questions:** Definitions of keywords, short answers, several extended answer questions.

#### **Revision:**

#### https://www.bbc.com/bitesize/subjects/zrw76sg

You may also like to use the KS3 Geography textbook which is available on Kerboodle to help with your revision.

#### **Revision tips:**

- Learn the meanings of **keywords**.
- Learn the **key ideas**.
- Learn **examples** to back up your ideas.
- You may like to **make mind maps** and **flash cards** to help you to learn the information.

#### Here are some KEYWORDS that you need to know:

Key word	Meaning
Sustainable	
Climate change	
Global warming	
Greenhouse effect	
Greenhouse gases	
Agriculture	
Deforestation	
Fossil fuels	
Orbital changes (related to climate change)	
Tectonic hazard	
Tectonic plate	
Destructive plate margin	

Constructive plate margin	
Conservative plate margin	
Collision plate margin	
Epicentre	
Focus	
Richter scale	
Magnitude	
Mercalli scale	

#### **Revision Checklist**

Go through each topic and RAG your understanding of each part.

Topics to revise		Red (not confident)	Amber (a bit unsure)	Green (I get this)
	Plastic in the oceans.			
	Evidence for recent climate change.			
	Causes of climate change - natural and human.			
	Effects of climate change.			
1	What can be done about climate change?			
	The growth of global tourism.			
	Benefits and problems of mass tourism.			
	Sustainable tourism at Feynan Ecolodge, Jordan.			
	Wilderness areas under threat.			
	The geography of conflict zones.			
	What are natural hazards?			
	Distribution of earthquakes and volcanoes.			
	What happens at the 4 different plate margins?			
	Volcanoes - types, characteristics, effects and responses.			
2	Why do people live near volcanoes?			
	An example of an earthquake (either China or New Zealand), causes, effects and factors that made it so devastating.			
	China and New Zealand earthquakes compared.			
	Reducing the risk from tectonic hazards.			
	What causes tsunamis?			

# **UIV RE REVISION GUIDE 2021**

Length of exam:	1 hour (completed over two lessons) plus extra time
Equipment needed:	Pen, ruler, pencil, and colours.
Type of questions:	Definitions of keywords, underline the correct answers, label items and explain their significance, give reasons, offer explanations on different perspectives and beliefs and complete several longer extended answer questions.
<b>Revision:</b> Revision materials in goo	Class exercise book and record of work from chrome classroom. ogle classroom , film clips and assorted additional materials .
Revision Tips:	Know the meaning of keywords or significance of key people. Offer explanation for religious activities and symbolism in Judaism eg. the items used in Pesach. Be able to give explanations and make reflections on different perspectives /issues.
	Use the tick sheet to record what you don't feel confident about,
	what you are a little unsure about and finally what you feel you are confident about . RED-AMBER-GREEN

#### **KEY WORDS:**

Here are some keywords that you need to know:

Key word	Definitions/descriptions/meaning
symbolism	
covenant	
Abraham	
Moses	
sacrifice	
synagogue	
festivals	
worship	
social injustice	
holocaust/shoah	
prejudice	
discrimination	
dignity	
Human Rights	

charity	
Sanctity of life	
Quality of life	

#### What to revise

Topics to revise-Judaism belief and practice	<mark>RED</mark> Tick	AmberT ick	GreenTi ck
The importance of Abraham and Moses			
The special covenant with G_D			
The sacrifice of Isaac			
Jewish Festivals: Shabbat, Rosh Hashanah, Yom Kippur, Purim, Shauvot, Pesach/sukkot			
Ethical issues			
Persecution/genocide/holocaust			
Prejudice			
Be able to describe and explain your point of view			
The importance of Human Rights			
Visions and Viewpoints			
For and against arguments, Be able to give secular and religious viewpoints on a variety of ethical issues:			
Abortion , Pro choice/pro life , religious teachings and secular thinking.			
Euthanasia			
Human Rights			
Ethical choices in films viewed: Selma, My Sister's Keeper, Hotel Rwanda			
Social injustice. Know the work of religious charities and teachings studied.			
Make sure you have a useful bank of phrases to use for explanation.			
Make sure you have a sound spelling of key terms and religions			
A key idea this year has been <b>perspectives</b> so try to list different points of view using your knowledge as part of your revision.			
Another important skill has been <b>reflection</b> where you have been asked to give your own thoughts to situations under discussion. Make sure you can offer opinions clearly with supporting facts.			

# **Upper IV History revision 2021**



Length of exam:	45 minutes including extra time
Equipment needed:	Pencil case, pen and ruler.
Type of questions:	Multiple choice, source based questions and structured essay style questions.
Revision:	Class exercise book and internet resources.
Revision tips:	Learn the meanings of <b>keywords</b> e.g. Censorship
	Learn the key ideas like democracy and dictatorship.
	Learn <b>examples</b> to back up your ideas.
KEY WORDS:	Here are some key words that you need to know:

Key word	Meaning
Treaties	
Versailles	
Economy	
Censorship	
Empire	
Alliances	
Conscientious objector	
Clemenceau	
Freedoms	
Communist	

#### 

### What I need to revise

Topics :	Tick 1	Tick 2	Tick 3
Britain and the world in 1900			
How did countries try to avoid more wars?			
The rise of the USA.			
Democracy and Dictatorship?			
Types of dictatorship: communism and fascism.			
Adolf Hitler: early life.			

# **UIV French Revision 2021**

**Exam Time:** 2 x 45 mins including extra time

**Equipment needed:** School equipment in pencil case.

Type of Questions:*READING*: Reading comprehension questions on the topics of<br/>'My identity' (personality, relationships, music, clothes),<br/>describing a recent date/outing and healthy living.

*WRITING*: You will have to produce an extended writing about yourself using the topics of personality, relationships, music, clothes, a recent outing and healthy living. You will need to write in full sentences.

Resources to Revise: Vocabulary folder

www.linguascope.com

**Revision Tips:** Revision cards

Learn Key Words and set phrases



# **UIV French Revision Topics**

Fill in the checklist according to how confident you feel.

I know this very well 0 I'm not sure about this 0 I don't know this  $\overleftrightarrow{0}$ 



Торіс	I understand it when I read it	l understand it when l hear it	I can write it	l can say it to somebody
Personality				
Relationships				
Music you like/dislike and why				
Clothes you usually wear (present tense) and are going to wear this weekend (future tense)				
A recent date/outing (verbs in the past tense)				
Sports you do and your opinion on sport				
Qualities needed to be a good sportsperson				
Your diet				
Your resolutions for your diet and fitness (Near future: I am going to and future tense: I/we will)				

# **UIV German Revision 2021**

**Exam Time:** 2 x 45 minutes including extra time

**Equipment needed:** School equipment in pencil case.

Type of Questions:READING: Short reading comprehension questions on the topics<br/>of clothes/fashion, describing holidays, describing the local area<br/>and healthy living. A mixture of multi choice, fill in the blank with<br/>an appropriate word, matching pictures to words, etc.

**WRITING**: You will have to produce an extended writing on daily routine, your local area and your lifestyle (what you do to stay in good health) from memory. You will need to write in full sentences.

**Resources to Revise:** Vocabulary folder

www.linguascope.com

ActiveLearn

**Revision Tips:** Revision cards

Learn Key Words and set phrases



# **UIV German Revision Topics**

Fill in the checklist according to how confident you feel.

I know this very well 🙂 I'm not sure about this 😐 I don't know this 🔅					
Торіс	I understand it when I read it	I understand it when I hear it	l can write it	l can say it to somebody	
Understand what people usually wear					
Understand opinions and preferences on clothes					
Making plans to go out - future tense					
Understand the past tense to describe an activity that happened in the past					
Understand a description of a holiday					
Understand where you stayed on holiday					
Understand holiday activities - haben					
Understand holiday transport - sein					
Weather					
Holiday problems					
Holiday role play situations					
Understand the present, perfect and future tenses					
Understand word order in German					

# **UIV SPANISH Revision 2021**

Exam Time:	2 x 45 mins including extra time			
Equipment needed:	School equipment in pencil case.			
Type of Questions:	be of Questions: READING: Short reading comprehension questions. A mixture of multi choice, fill in the blank with an appropriate word, matching pictures to words, etc.			
	WRITING: You will have a choice of writing tasks to produce an extended writing. You will need to write in full sentences.			
Resources to Revise:	e: Class notes, vocabulary and worksheets given in class			
	www.linguascope.com			
	https://pearsonactivelearn.com			
Revision Tips:	Revision cards			

Learn Key Words and set phrases



# **UIV Spanish Revision Topics**



Fill in the checklist according to how confident you feel.

 $\bigcirc$ 

I know this very well 🙂 I'm not sure about this 😐 I don't know this

Торіс	I understand it	I understand it	l can write	I can say it to
	when I read it	when I hear it	it	somebody
Holidays				
Talking about a past holiday				
Saying what you did on holiday				
Describing the last day on holiday				
Saying what your holiday was like				
Entertainment				
Saying what you use your phone for				
Saying what type of music you like				
Talking about TV				
Food				
Saying what food you like				
Describing mealtimes				
Ordering a meal				
Grammar				
Understand and use comparative sentences				
Use the present, preterite and near future tenses				



# **UIV Revision PE Theory 2021**

Length of exam: 1 lesson (including extra time)

Equipment needed: A pen



Type of questions:Multiple choice, definitions of key words, short answers, someextended questions

**<u>Revision</u>**: From the notes in your exercise book and you may find the following website useful:

https://www.bbc.co.uk/bitesize/examspecs/zp49cwx

<u>**Revision tips:**</u> Learn the meanings of **keywords** e.g. tendons, synovial joints and ligaments Learn the **key ideas eg** functions of the skeleton, the features of a synovial joint and how does gaseous exchange take place

You may like to make mind maps and flash cards to help you to learn the information.

#### **KEY WORDS**

Here are some keywords that you need to know:

Key word(s)	Meaning
Tendons	
Joints/synovial Joints	
Ligaments	
Cartilage	
Flexion	
Extension	
Abduction	
Adduction	
Rotation	
Plantar flexion	
Dorsiflexion	
Alveoli	
Capillaries	
Atria	
Ventricles	
Cardiac cycle	
Cardiac output	
Aerobic respiration	

Anaerobic respiration	
D.O.M.S	
Hypertrophy	
Bradycardia	
Health	
Fitness	
Components of fitness	

#### **Revision Checklist**

Go through each topic and RAG (RED, AMBER, GREEN) your understanding of each part:

Topics to revise	Red (not confident)	Amber (a bit unsure)	Green (I get this)
ANATOMY AND PHYSIOLOGY			
The functions of the skeleton			
Synovial joints (elbow, knee, ankle, shoulder and hip)			
Structure of the heart and the cardiac cycle (pathway of blood)			
Cardiac output (Q= H.R x S.V)			
Immediate, short and long term effects of exercise on the body			
PHYSICAL TRAINING			
Health and fitness and the relationship between the two)			
The components of fitness			
Fitness testing			
SPORTS PSYCHOLOGY			
Skill and ability			
Classification of skills			
Personality			
Motivation			
Goal setting/S.M.A.R.T targets			

# GOOD LUCK!

# Top Ten Revision Tips

Make a revision timetable. Use your exam timetable to enter the days and times of all your exams. Fill in any days you can't revise and then plan in your revision.

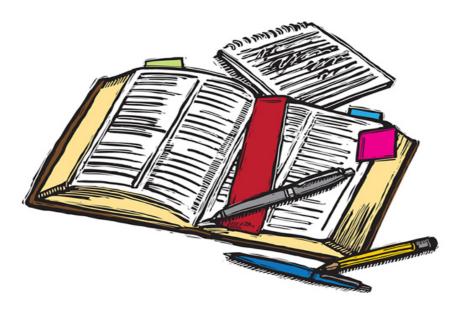
- **1.** Short bursts of revision (30-40 minutes) are most effective. Your concentration lapses after about an hour and you need to take a short break (5-10 minutes).
- **2.** Find a quiet place to revise your bedroom, school, the library and refuse to be interrupted or distracted.
- **3.** Make sure you don't just revise the subjects and topics you like. Work on your weaker ones as well.
- **4.** Make your own revision notes because you will remember what you have written down more easily. Stick key notes to cupboards or doors so you see them every day.
- 5. Rewrite the key points of your revision notes; read them out loud to yourself. We remember more than twice as much of what we say aloud than of what we merely read.
- 6. Use different techniques. Make your own learning maps, use post-it notes to write key words on, create flash cards. Record your notes and listen to them back. Ask friends and family to test you. Use highlighter pens to mark important points. Chant or make up a rap song.
- 7. Practise on past exam papers or revision tests available on the web. Initially, do one section at a time and progress to doing an entire paper against the clock.
- 8. You will need help at some stage, ask parents, older brothers and sisters, teachers or friends. If there is a teacher with whom you get on well at school ask for their e-mail address so you can clarify points you are unsure. Use websites specifically designed for revision.
- 9. Don't get stressed out! Eat properly and get lots of sleep!
- 10. Believe in yourself and be positive. If you think you can succeed you will; if you convince yourself that you will fail, that's what will probably happen.





## EoY Exam Procedure Pupils 2021

- 1. There should be absolute silence as you enter your classroom and sit where your teacher directs you.
- You must be fully equipped and <u>take with you to every lesson some revision material for</u> <u>a future exam.</u>
- 3. If you normally use a laptop you must bring it to all of your lessons during exam week.
- 4. You should either print your work or send it to your teacher if using a laptop.
- 5. If you need anything read to you, put your hand up and ask the teacher to read.
- 6. You must ensure you have the correct exam paper and ask any questions if you are unsure.
- 7. Everyone must use the set time for the exam paper and any extra time allocated.
- 8. Extra time should be completed in a different colour pen and write on the front how much extra time you needed and what you did during the extra time.
- 9. When the exam paper has been collected in, quiet revision can be started if allowed.
- 10. Use your revision guides to plan your revision leading up to the exams.



# Remove Revision Timetable 2021

Week Beginning	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
19 <sup>th</sup> April							
26 <sup>th</sup> April							
3 <sup>rd</sup> May							
10 <sup>th</sup> May							
17 <sup>th</sup> May	Exam Week						

The Revision Timetable should be used to plan revision leading up to the exams.